

Healthy Aging Conference  
11<sup>th</sup> - 15<sup>th</sup> October 2010

Conference Agenda

DAY 1: MONDAY, 11<sup>th</sup> OCTOBER 2010

09:00 - 09:30	REGISTRATION	
09:30 - 09:40	Welcome Remarks	<b>Professor Barry Halliwell</b> (Deputy President, Research and Technology, National University of Singapore)
09:40 - 09:50		<b>Professor Peter Little</b> (Professor and Director, Life Sciences Institute, National University of Singapore)
09:50 - 10:00		<b>Associate Professor Angelique Chan</b> (Associate Professor, Department of Sociology, National University of Singapore, Faculty of Arts and Social Sciences and Director, Tsao Foundation Aging Research Initiative)
10:00 - 10:30	Keynote Speakers	<b>Professor Hiroko Akiyama</b> (Professor, Institute of Gerontology, University of Tokyo) <i>Title of Presentation:</i> <b>"Redesigning Communities for Aged Society"</b>
10:30 - 11:00		<b>Professor Gyounghee Han</b> (Professor, Institute on Aging, Seoul National University)
11:00 - 11:15		Question & Answer Session
11:15 - 11:45	TEA BREAK	
11:45 - 12:15	Keynote Speakers	<b>Professor Yasuhiko Saito</b> (Professor, Advanced Research Institute for the Sciences and Humanities, Nihon University) <i>Title of Presentation:</i> <b>"Pin Pin Korori: Ultimate Goal for Aging Societies"</b>
12:15 - 12:45		<b>Professor Art Kramer</b> (Professor, Initiative on Aging, University of Illinois @ Urban-Champaign) <i>Title of Presentation:</i> <b>"Physical Activity as a Means to Enhance Cognition &amp; Brain Function"</b>
12:45 - 13:00		Question & Answer Session

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13:00 - 14:00	LUNCH	
14:00 - 14:30	Keynote Speakers	<p><b>Dr. Steven Graham</b> (Assistant Professor, Department of Psychology, National University of Singapore, Faculty of Arts and Social Sciences) <i>Title of Presentation:</i> <b>“Physical Exercise Enhances Brain Health in Older Adults”</b></p>
14:30 - 15:00		<p><b>Dr. James Thompson</b> (Senior Research Associate, Health Services and Systems Research, Duke – NUS Graduate Medical School) <i>Title of Presentation:</i> <b>“System Dynamics Methodology Applied to Health Care System Design”</b></p>
15:00 - 15:15		Question & Answer Session
15:15 - 15:45	TEA BREAK	
15:45 - 16:15	Keynote Speakers	<p><b>Dr. Wee Shiou Liang</b> (Head, Research, Health Information Management and Evaluation, Agency for Integrated Care) <i>Title of Presentation:</i> <b>“Towards Delivering Integrated Healthcare in Singapore”</b></p>
16:15 - 16:45		<p><b>Dr. Shashi Jayakumar</b> (Director, Elderly Policy, Elderly, Disability and Gambling Safeguards Division, Ministry of Community Development, Youth and Sports)</p>
16:45 - 17:00		Question & Answer Session
17:00 - 17:30	GROUP ALLOCATIONS	
End of Day 1		
18:30 - 21:00	WELCOME DINNER FOR KEYNOTE SPEAKERS AND PARTICIPANTS	

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DAY 2: TUESDAY, 12<sup>th</sup> OCTOBER 2010

*\*Each presentation consists of: Oral Presentation (20 minutes), Q&A (10 minutes)*

09:00 - 09:30	Participant Presentations	Dr Kerry Sargeant-Cox
09:30 - 10:00		Ms Sabarisah Hashim
10:00 - 10:30		Dr Feng Lei
10:30 - 11:00		Ms Lena Lim
11:00 - 11:30	TEA BREAK	
11:30 - 12:00	Participant Presentations	Dr Josephine Battista
12:00 - 12:30		Dr Jimpei Misawa
12:30 - 13:00		Mr Low Chien Tat
13:00 - 14:00	LUNCH	
14:00 - 14:30	Participant Presentations	Dr Leigh Wilson
14:30 - 15:00		Mr John Parsons
15:00 - 15:30		Dr Keiko Katagiri
15:30 - 16:00	TEA BREAK	
16:00 - 16:30	Participant Presentations	Ms Ruth Teh
16:30 - 17:00		Dr Kim Hongsoo
17:00 - 17:30		Dr Aaron Hagedorn
17:30 - 18:00		Dr Zeng Wen, Bill

End of Day 2

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DAY 3: WEDNESDAY, 13<sup>th</sup> OCTOBER 2010

09:00 - 09:40	Speaker	<i>Invited Presentation by Dr. Tomasina Marisa Oh</i> (Assistant Professor, Department of English Language and Literature NUS)
09:40 - 11:00	Preparation and Travel to Site Visits	
11:00 - 14:00	Site Visits	<i>Site Visit (Groups 1 &amp; 2)</i> Venue: Touch Senior Activity Center and a Senior's Apartment
		<i>Site Visit (Groups 3 &amp; 4)</i> Venue: TSAO Foundation Hua Mei Center for Successful Aging
14:00 - 15:00	LUNCH	
15:00 - 15:30	Participant Presentations	<b>Dr Yoshiko Umezawa</b>
15:30 - 16:00		<b>Ms He Chen</b>
16:00 - 16:30		<b>Ms Joanna Broad</b>
16:30 - 17:00		<b>Dr Sherly Parackal</b>
17:00 - 17:30		<b>Dr Richard Burns</b>
17:30 - 18:00		<b>Dr Jieun Song</b>

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DAY 4: THURSDAY, 14<sup>th</sup> OCTOBER 2010

09:00 - 09:30	Participant Presentations	Dr Jeonghwa Lee
09:30 - 10:00		Dr Ratana Somrongthong
10:00 - 10:30		Dr Shwe Zin Nyunt
10:30 - 11:00		Dr Winnie Lam

*\*Lunch and tea breaks will be provided.*

11:00 - 18:00	Research Proposal Development by Scholars	<p><b>Group 1:</b></p> <ol style="list-style-type: none"> <li>1. Kerry Sargeant-Cox</li> <li>2. Sabarisah Hashim</li> <li>3. Zeng Wen, Bill</li> <li>4. Feng Lei</li> <li>5. Lena Lim</li> <li>6. Josephine Battista</li> </ol> <p><b>Group 2:</b></p> <ol style="list-style-type: none"> <li>1. Jimpei Misawa</li> <li>2. Low Chien Tat</li> <li>3. Leigh Wilson</li> <li>4. John Parsons</li> <li>5. Keiko Katagiri</li> <li>6. Ruth Teh</li> </ol> <p><b>Group 3:</b></p> <ol style="list-style-type: none"> <li>1. Kim Hongsoo</li> <li>2. Aaron Hagedorn</li> <li>3. Yoshiko Umezawa</li> <li>4. He Chen</li> <li>5. Joanna Broad</li> <li>6. Sherly Parackal</li> </ol> <p><b>Group 4:</b></p> <ol style="list-style-type: none"> <li>1. Richard Burns</li> <li>2. Jieun Song</li> <li>3. Jeonghwa Lee</li> <li>4. Ratana Somrongthong</li> <li>5. Shwe Nyunt</li> <li>6. Winnie Lam</li> </ol>
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DAY 5: FRIDAY, 15<sup>th</sup> OCTOBER 2010

*\*Research Proposal Presentations (PowerPoint) by Research Scholars (20 minutes) followed by Question and Answer (10 minutes).*

09:00 - 09:30	Participant Presentations	Group 1 Presentation: <b>Health care service delivery to the community in relation to:</b> <ul style="list-style-type: none"> <li>- Cognitive Impairment</li> <li>- Psychosocial Predictors of Healthy Aging</li> <li>- Geriatric Nursing</li> </ul>
09:30 - 10:00		Group 2 Presentation: <b>Health care service delivery to the neighborhood in relation to:</b> <ul style="list-style-type: none"> <li>- Physical mobility of older persons</li> <li>- GIS / Spatial mapping of potential falls within the living environment / neighborhood of older persons</li> <li>- Social capital / social networks of older persons within the neighborhood</li> </ul>
10:00 - 10:30		Group 3 Presentation: <b>Macro level, supply side (public and/or private provision of health care), social policy for the healthcare of older persons:</b> <ul style="list-style-type: none"> <li>- Healthcare disparities in the population by income distribution / ethnic group / migrant group</li> <li>- Universal coverage or means testing</li> </ul>
10:30 - 11:00		Group 4 Presentation: <b>Demand side factors for health care:</b> <ul style="list-style-type: none"> <li>- Individual and family financial stress and health</li> <li>- Income, savings and wealth (financial capital) over the life course</li> <li>- Personality traits, life experience and social networks (psychological capital) over the life course</li> </ul>
11:00 - 12:00	Award for Best Research Proposal	
12:00 - 13:00	Conference Closing Remarks by Associate Professor Angelique Chan	
13:00 - 14:00	LUNCH	

End of Day 5